



Lunches with Love Guidelines and Preparations

Assemble Your Volunteer Group

- Recruit a group of volunteers.
- All participants must be age 6 or older.
- RMHC policy prohibits anyone who has exhibited cold or flu-like symptoms or has been recently exposed to an infectious disease from participating or visiting the House.

Menu

- Assemble sack lunches and deliver to our Ronald McDonald Family Rooms.
- All lunches must be packaged in large brown paper lunch bags.
- Menu options below can be used as a guide to purchase lunch items. All items must be store bought. Homemade or items prepared offsite are prohibited.
- **All lunches must contain ONE item from each category and all items in each bag except the sandwich must be identical.** Please consider size of items when preparing your menu to prevent bulkiness.

Sandwich	Fruit	Chips	Dessert	Misc.	Drink	Packaging (Required)
Peanut Butter & Jelly	Fruit Cup	Mini Bags of Chips (all same kind)	Cookies	Granola Bar	Mini Water Bottles	Large Brown Paper Lunch Bags
Ham & Cheese	Apple Slices	Ziploc Bag of Chips (all same kind)	Brownies	Cheese Stick	Capri Sun	Ziploc Bags
Turkey & Cheese	Grapes	Goldfish	Rice Krispy Treats	Carrots/ Celery	Juice Box	Napkins
No Condiments/ Veggies Please	Sliced Fruit	Pretzels	Snack Cake	Applesauce/ Fruit Snacks	No Soda Please	Utensils (if needed)

Cancellation Policy

In the event that your group is unable to provide your scheduled meal, for Austin please contact Molly Sandlin, Hospital Programs Coordinator, at msandlin@rmhc-ctx.org and for Brazos Valley contact Shannon Cashion, Hospital Programs Manager at scashion@rmhc-ctx.org.