



RONALD McDONALD
HOUSE CHARITIES
CENTRAL TEXAS

VOLUNTEER OPPORTUNITIES



Make a Difference for Families with Sick Children

Volunteers make a difference in the lives of the families that rely on Ronald McDonald House Charities® of Central Texas. Your support – whether it's group or individual support – allows us to provide a comforting “home-away-from-home” for families at their moment of greatest need.

Individual Volunteer Opportunities

- **Volunteer at the Ronald McDonald House®** – Weekly House volunteers must be 18 years or older and work a three-hour shifts between 9 a.m. and 9 p.m. and help maintain the Ronald McDonald House and provide administrative support.
- **Volunteer at our Ronald McDonald Family Rooms®** – Family Room volunteers must be 18 years or older and work a four-hour weekly shift from 9 a.m. – 1 p.m., 1 p.m. – 5 p.m. or 5 p.m. – 9 p.m. Family Room volunteers provide information and ensure the Family Room is maintained.
- **Offer your talent** – We are always in need of volunteers with specialized skills. From graphic design, technical support or web analysis, we rely on volunteers to offer assistance so we can continue to effectively support our families.

In 2013
Ronald
McDonald
House
Charities of
Central
Texas

Group Volunteer Opportunities

- **Meals that Heal** – Volunteer groups of up to 15 people prepare breakfast, lunch and dinner each day for the families staying at the Ronald McDonald House. To check availability, visit www.rmhc-austin.org/meal-providers.
- **Sponsor a Dinner** – To support our families that use our Ronald McDonald Family Rooms, you can help ease their stress by providing dinner. All meals must be prepared by a restaurant or in a commercial kitchen and you can either deliver it or have it delivered.
- **Deep Cleaning** – As a deep cleaning volunteer, you can help us keep the Ronald McDonald House clean and healthy for the families who stay with us. We provide all cleaning supplies.
- **Special Task Teams** – RMHC Central Texas has special tasks that require the support of group volunteers. This can include building shelves, organizing storage rooms and landscaping clean up.
- **Special Event Teams** – RMHC Central Texas hosts two special events each year – Bandana Ball and Lights of Love 5K. Volunteers help with event operations, setup and tear down.
- **Friends of the House** – This young professionals group, dedicated to supporting RMHC Central Texas, is a great networking opportunity for emerging philanthropists. Through fundraising and volunteerism, Friends of the House come together and support our families.

provided
**8,101 room
nights** for
**1,565
families** in
2013;

had **31,000
visits** to three
Ronald
McDonald
Family
Rooms;

helped **143
families** with
burial assistance
services through
the Healing
Hearts program.

Group and Individual Opportunities

- **In-kind Donations** – RMHC Central Texas is always in need of items to comfort our families. You can provide in-kind gifts featured on our Wish List, host a drive at your office or include RMHC Central Texas when purchasing supplies.